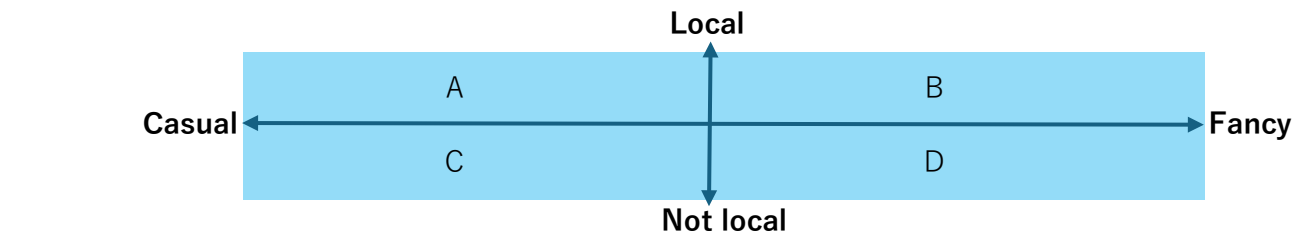


■Recommended Restaurants by the Department of Dermatology, University of Yamanashi
 We have carefully selected a variety of restaurants located close to the conference venue and Kofu Station.
 Please enjoy the food in Kofu !
 (Created by Lisa Minai, Ruriko Ishizawa, Yoshinori Muto, Yu Sakamoto, Kyosuke Shimada, Juri Hosaka, and Mina Tsuruta)



No.	日本語名	Restaurant Name (English)	Reservation	Time Slot	Category	Description (English)	Home page	Tabelog English ver. (Japan's No.1* Restaurant Listing and Reservation Site.)
1	郷土料理 信玄	Soba Houtou Regional cuisine Shingen	Not required	Lunch/Dinner	A	Authentic "hôtô" Yamanashi-style noodle available inside Kofu Station.	https://www.irccd.co.jp/celeo/shop/kofu/667/	https://tabelog.com/en/yamanashi/A1901/A190101/19009919/
2	Obina Ale House	Obina Ale House	Not required	Dinner	A	Local craft beer made with mountain spring water; spacious seating.	https://obinabrewing.com/en	https://tabelog.com/en/yamanashi/A1901/A190101/19013522/
3	炭焼き旬菜 禄	Sumiyaki Shusai Roku	Required	Dinner	A	Locally sourced ingredients grilled over charcoal.	https://www.instagram.com/sumiyakisusai_roku	https://tabelog.com/en/yamanashi/A1901/A190101/19012947/
4	酒房ごっちょ	Sakaba Goccho	Sometimes required	Dinner	A	Japanese izakaya offering fusion cuisine using local ingredients; wide selection of drinks.	https://nbvp200.gorp.jp/	https://tabelog.com/en/yamanashi/A1901/A190101/19010909/
5	Hops And Herbs	Hops And Herbs	Not required	Dinner	A	Bar above Outsider Brewing; features excellent craft beers.	https://outsiderbrewing.com/hops-and-herbs/	https://tabelog.com/en/yamanashi/A1901/A190101/19006355/
6	烏玄	Torigen	Required	Dinner	A	Offers many locally raised chicken dishes; cozy interior.	https://torigen.exblog.jp/	https://tabelog.com/en/yamanashi/A1901/A190101/19000174/
7	石臼挽蕎麦 一草庵 袖	Ishiusubiki Soba Issouan Tsumugi	Sometimes required	Lunch/Dinner	A	Stylish soba restaurant; popular for seasonal menus and drinks at night.	https://www.instagram.com/issouan_tsumugi/?hl=ja	https://tabelog.com/en/yamanashi/A1901/A190101/19008973/
8	郷土酒場 ハウタウ	Kyodo Sakaba Hautau	Sometimes required	Dinner (weekends only)	A	Japanese izakaya offering Yamanashi specialties like "hôtô" and steamed dishes.	https://howtow.jp/	https://tabelog.com/en/yamanashi/A1901/A190101/19012564/
9	生そば きり	Namasoba Kiri	Not required	Lunch/Dinner	A	A soba(buckweat noodles) restaurant where you can also drink; serves local chicken ofal stew.	https://kisoba-kiri-kitaguchi.gorp.jp/	https://tabelog.com/en/yamanashi/A1901/A190101/19001570/
10	丸八焼鳥店 平和通り店	Maruhachi Yakitori Ten Heiwadori Ten	Sometimes required	Dinner	A	Delicious yakitori with flavorful sauce, also great for takeout.	None	https://tabelog.com/en/yamanashi/A1901/A190101/19000884/
11	弁天堂	Bentendo	Required	Dinner	B	Koshu beef yakiniku(Korean barbecue) with rare cuts; chic interior.	None	https://tabelog.com/en/yamanashi/A1901/A190101/19008226/
12	伊和桜	Iwazakura	Required	Lunch/Dinner	B	Italian fine dining using seasonal ingredients for a visual and taste experience.	http://iwazakura.jp/	https://tabelog.com/en/yamanashi/A1901/A190101/19010621/
13	和食 あかざわ	Washoku Akazawa	Required	Lunch/Dinner	B	Upscale dining with local ingredients and sake; recommended by Prof. Kawamura.	https://washoku-akazawa.com	https://tabelog.com/en/yamanashi/A1901/A190101/19008207/
14	ristorante Koen	Ristorante Koen	Required	Lunch (weekends)/Dinner	B	Italian with great ingredients and featuring oven-cooked pizza and vegetables; course dinner, à la carte lunch.	https://ristorante-koen.com	https://tabelog.com/en/yamanashi/A1901/A190101/19009806/
15	チリンドロ	Chirindoro	Sometimes required	Lunch/Dinner	B	Italian restaurant with Naples-style pizza and Yamanashi ingredients.	http://www.il-cilindro.jp/index.html	https://tabelog.com/en/yamanashi/A1901/A190101/19012619/
16	サドヤ レアル・ドール	SADOYA REAL D'OR	Required	Lunch/Dinner	B	Winery tours available. Learn about wine production in a grand cellar under Kofu Station.	https://realdor.sadoya.jp	https://tabelog.com/en/yamanashi/A1901/A190101/19007697/
17	囲炉裏	Irori	Not required	Lunch/Dinner	C	Chain restaurant offering all-you-can-eat 100% soba(buckweat noodles).	None	https://tabelog.com/en/yamanashi/A1901/A190101/19013769/
18	キッチン美味小屋	Kitchen Bimikoya	Sometimes required	Lunch/Dinner	C	Offers high-quality tonkatsu using premium pork.	https://www.instagram.com/explore/locations/349266614/mei-wei-xiao-ia/	https://tabelog.com/en/yamanashi/A1901/A190101/19000291/
19	蒙古タンメン中本	Mouko Tanmen Nakamoto	Not required	Lunch/Dinner	C	Popular spicy ramen chain from Tokyo's Itabashi ward.	https://www.moukotanmen-nakamoto.com/shop/koufu/	https://tabelog.com/en/yamanashi/A1901/A190101/19013054/
20	奥藤丸の内第8分店	Okuto Marunouchi Dai 8 Buntten	Sometimes required	Lunch/Dinner	C	Offers local Yamanashi dishes like soba(buckweat noodles) and chicken ofal stew.	https://kofu-tourism.com/gourmet/113	https://tabelog.com/en/yamanashi/A1901/A190101/19000169/
21	recco	recco	Sometimes required	Dinner	C	Wine bar with authentic Italian snacks and natural wines.	https://www.instagram.com/recco_bar/	https://tabelog.com/en/yamanashi/A1901/A190101/19012867/
22	さんぶく	Sanpuku	Not required	Lunch/Dinner	C	Beloved Chinese restaurant since 1961, known for its "tsuke-soba(dipping noodles)."	https://sanpuku-tsukesoba.com	https://tabelog.com/en/yamanashi/A1901/A190101/19000320/
23	自家製麺 太幸	Jikaseimen Dazai Honten	Not required	Lunch/Dinner	C	Popular Jiro-style ramen spot with thick, chewy noodles.	https://www.instagram.com/yumekata_yaman/	https://tabelog.com/en/yamanashi/A1901/A190101/19013888/
24	串揚げ 深澤亭	Kushiage Fukazawatei	Not required	Dinner	C	Located near Kofu Kinenbi Hotel and Tokiwa Hotel; enjoy crispy skewered food.	https://www.instagram.com/explore/locations/745057676/chuanage-shen-ze-ting/	https://tabelog.com/en/yamanashi/A1901/A190101/19000725/
25	吉野家甲府駅前店	Yoshinoya Kofu Station Front	Not required	Morning-Night	C	Famous national beef bowl chain.	吉野家 甲府駅前店 吉野家 店舗検索 吉野家公式	https://tabelog.com/en/yamanashi/A1901/A190101/19003481/
26	アルムコーヒー	Alm Coffee	Not required	Lunch/Dinner	C	Classic-style café; small but cozy atmosphere.	https://twitter.com/arumucoffee	https://tabelog.com/en/yamanashi/A1901/A190101/19002446/
27	NAP bed and lounge	NAP Bed and Lounge	Not required	Lunch/Dinner	C	Menu changes daily based on the owner's mood; global craft beers at night.	https://nap-bed.com/	https://tabelog.com/en/yamanashi/A1901/A190101/19010654/
28	ベルソナブルワリー	Persona Brewery	Sometimes required	Lunch (weekends)/Dinner	C	Beer bar attached to a craft brewery.	ベルソナブルワリー 公式 (@personabrewery) • Instagram写真と動画	https://tabelog.com/en/yamanashi/A1901/A190101/19011663/
29	食事と喫茶 椿	Dining & Café Tsubaki	Not required	Lunch	C	Retro-style eatery serving set meals.	https://www.instagram.com/tuba.ki1111/#	https://tabelog.com/en/yamanashi/A1901/A190101/19011591/
30	ハチドリヤ	Hachidoriya	Required	Lunch/Dinner	C	Serves fermented rice curry and ethnic dishes using spices.	ハチドリヤ 公式 (@studio8doriya) • Instagram写真と動画	https://tabelog.com/en/yamanashi/A1901/A190101/19013062/
31	酒場 おせあん	Sakaba Osean	Required	Dinner	C	Cozy Japanese izakaya with a good sake selection.	https://www.instagram.com/sakaba_osean	https://tabelog.com/en/yamanashi/A1901/A190101/19012401/
32	寅` (ドラ)	Dora	Sometimes required	Dinner	C	Izakaya known for its gyoza.	none	https://tabelog.com/en/yamanashi/A1901/A190101/19010404/
33	folc	folc	Required	Dinner	C	Casual Italian with a rich selection beyond local wines.	folc (@folc_kofu) • Instagram写真と動画	https://tabelog.com/en/yamanashi/A1901/A190101/19011490/
34	Atti House	Atti House	Not required	Lunch (dinner irregular)	C	Offers delicious Korean cuisine.	Atti House (@house_of_atti) • Instagram写真と動画	https://tabelog.com/en/yamanashi/A1901/A190101/19013213/
35	酒場 日々	Sakaba Hibi	Required	Dinner	C	Recommended for charcoal-grilled dishes, sashimi, and Kyoto-style sides.	酒場日々 株式会社さんざんカンパニー	https://tabelog.com/en/yamanashi/A1901/A190101/19010075/
36	createkitchen SURUME.	Create Kitchen SURUME.	Required	Lunch/Dinner	C	Western cuisine; Serves set meals during the day and with wine at night.	createkitchen SURUME. (@ck_surume.10) • Instagram写真と動画	https://tabelog.com/en/yamanashi/A1901/A190101/19010419/
37	和食 太陽	Washoku Taiyo	Not required	Lunch/Dinner	C	Set meals for lunch, izakaya-style at night; known for delicious fish dishes.	None	https://tabelog.com/en/yamanashi/A1901/A190101/19003310/
38	伊根のへしこと鮮魚Diago(富士見食堂Diago)	Fujimi Shokudo Diago(ine no Heshiko & Fresh Fish Diago)	Required	Dinner	C	Japanese izakaya specializing in seafood.	伊根のへしこと鮮魚Diago 富士見食堂Diago 山梨県甲府市の居酒屋	https://tabelog.com/en/yamanashi/A1901/A190101/19008617/
39	中華ごはん かんざし	Chinese Gohan Kanzashi	Not required	Lunch/Dinner	C	Featured in media, stylish interior, generous portions at reasonable prices.	【中華ごはん かんざし】 入タを幸せに	https://tabelog.com/en/yamanashi/A1901/A190101/19006131/
40	てっぱん秀S	Teppan Shu S	Required	Dinner	D	Enjoy teppanyaki and wine; highly recommended "rare wagyu hamburger."	てっぱん秀 (@teppan_shu_s) • Instagram写真と動画	Teppan Shu S - Kofu/Teppanyaki Tabelog
41	リストランテ プラティーネ	Ristorante Platine	Required	Lunch/Dinner	D	Exquisite Italian cuisine prepared in an open kitchen.	リストランテ・プラティーネ 【甲府イタリアン】 (@platine.restaurant) • Instagram写真と動画	Ristorante Platine Reservation - Kokubo/Italian Tabelog
42	小料理 ひさご	Naniwa Koryori Hisago	Sometimes required	Dinner	D	Small restaurant run by a Kansai-native madam hostess.	小料理 ひさご (@naniwa_hisago) • Instagram写真と動画	https://tabelog.com/en/yamanashi/A1901/A190101/19012811/
43	NIGRAT	NIGRAT	Required	Lunch (weekends)/Dinner	D	Chinese course dining; vegan options available.	NIGRAT (@nigrat1192) • Instagram写真と動画	Chuka NIGRAT - Kofu/Chinese Tabelog
44	甲州焼肉 奏	Koshu Yakiniku Kanade	Required	Dinner	D	Specializes in various beef tongue dishes; reservations needed for "tongue shabu-shabu."	甲州焼肉【奏】 (@kanade_kousuyakiniku) • Instagram写真と動画	Koshu Yakiniku Kanade - Kofu/Yakiniku (BBQ Beef) Tabelog
45	焼鳥 enta	Yakitori enta	Required	Dinner	D	Skewers grilled with Tokyo techniques; offers rare cuts.	焼鳥enta/山梨/甲府/北内地区 (@yakitori_enta) • Instagram写真と動画	Yakitori enta - Kofu/Yakitori (Grilled chicken skewers) Tabelog
46	Chinese Dining 正宗	Chinese Dining Masamune	Required	Lunch/Dinner	D	Course-style Chinese dining; evening alcohol pairing available.	Chinese Dining 正宗 (@masamune.chinese) • Instagram写真と動画	chainizu dainingu masamune - Kofu/Chinese Tabelog
47	たん焼 与平	Tongrill Yohei	Required	Lunch/Dinner	D	Monthly changing course-style Italian meals.	【公式】たん焼 与平 (よへい) 甲府駅近くにあるダイニング 牛タン料理が自慢	Tan Yaki Yohei - Kofu/Izakaya (Tavern) Tabelog
48	イタメシヤ麒麟児	Itamesiya Kirinji	Required	Dinner	D	Creative Italian using seasonal ingredients; hidden gem with wine sets.	イタメシヤ麒麟児【甲府イタリアン】 (@itameshiya_kirinji) • Instagram写真と動画	https://tabelog.com/en/yamanashi/A1901/A190101/19013875/
49	blet	blet	Required	Lunch/Dinner	D	Classic French bistro fare; wide wine selection.	https://www.instagram.com/blet_official?igsh=MWVyb3NwcTZxd2dzZe==	https://tabelog.com/en/yamanashi/A1901/A190101/19013699/
50	トラットリア ジラソーレ	Trattoria Girasole	Required	Lunch/Dinner	D	Stylish Italian cuisine; single dishes other than the course are also great; wide wine selection.	https://www.instagram.com/trattoria.girasole?igsh=MWN4YWVhMW1wbjlldg==	https://tabelog.com/en/yamanashi/A1901/A190101/19012662/
51	博多白湯おでん 湯ろや	Hakata Paitan Oden Yuroya	Required	Dinner	D	Casual oden(Japanese fishcake stew) Japanese izakaya with friendly staff and fair prices.	https://www.instagram.com/oden.yuroya?igsh=MXdiaWFmdW5zYTkxaw==	https://tabelog.com/en/yamanashi/A1901/A190101/19010696/
52	こい季	Koiki	Required	Dinner	D	Japanese upscale Japanese izakaya using local ingredients and sake.	https://www.instagram.com/kitaguchi_koiki?igsh=NNW3d3ZoampMHNY	https://tabelog.com/en/yamanashi/A1901/A190101/19010769/
53	ITSUKU	ITSUKU	Required	Dinner	D	Creative Japanese course dining.	https://itsuku-2024.com/#	https://tabelog.com/en/yamanashi/A1901/A190101/19013630/
54	板に鯛	Itanitai	Required	Lunch (weekdays)/Dinner	C-D	Renowned for fish dishes; seafood bowls and set meals available at lunch.	https://www.instagram.com/_itanitai_?igsh=YzixaW9mdHdleHFw	https://tabelog.com/en/yamanashi/A1901/A190101/19009497/
55	串焼 ほとり 灯鳥	Kushidokoro Hotori Hotori	Sometimes required	Dinner	C-D	Features "Shingen chicken" and a broad sake selection.	None	https://tabelog.com/en/yamanashi/A1901/A190101/19009838/
56	恩の時	On no Ji	Required (Dinner)	Lunch/Dinner	C-D	Serious Japanese cuisine; set meals by day, izakaya by night with Yamanashi sake.	https://onnoji-kofu.jiindofree.com	https://tabelog.com/en/yamanashi/A1901/A190101/19007358/

★café/sweets

57	湯村金精軒カフェ	Yumura Kinseiken Café	Not required	Lunch (~18:00)	A	Stylish café known for "Shingen mochi," a local sweet.	https://www.instagram.com/yumurakinseikencafe?igsh=MXYxOHhzeVNsMWp1Yw==	https://tabelog.com/en/yamanashi/A1901/A190101/19013852/
58	アキトコーヒー	Akito Coffee	Not required	Lunch (~18:00)	B	Roasts beans sourced directly worldwide; used in top restaurants.	https://akitocoffee.com/	https://tabelog.com/en/yamanashi/A1901/A190101/19007946/
59	寺崎コーヒー	Terasaki Coffee	Not required	Lunch (~18:00)	C	House-roasted coffee with an enchanting aroma.	https://terasakicoffee.com/	https://tabelog.com/en/yamanashi/A1901/A190101/19007255/
60	イルクルソーレ	Il cursore	Not required	Lunch (~18:00)	C	Gelato showcasing the flavor of fresh fruits.	http://www.il-cursore.com/	https://tabelog.com/en/yamanashi/A1901/A190101/19012614/